

# TimeOut

## Beirut

JULY 2011  
TIMEOUTBEIRUT.COM  
T.O. BEIRUT

**Fun things to do**

Every night this month

**Tour the vineyards**

Wine tasting in the Bekaa

**Beside the seaside**

Sun, sea and seafood



# 101

## THINGS TO DO THIS SUMMER!

YOUR  
TICKET  
to the  
season's hottest  
events

**WITH**

Lady Gaga **Moby** Placido Domingo  
George Benson David Guetta  
UB40 Fedde Le Grand  
Malikah 961 Ceasar K  
Ibrahim Maalouf **Fareeq el Atrash**  
Zeid & the Wings The Kordz  
Amadou & Mariam **Mashrou' Leila**  
**Roberto Alagna** Clinton Fearon  
Ramy Ayach **Fadi Shaker** Kazem Al Saher

**KNOW MORE. DO MORE.**



# 101

## THINGS TO DO THIS SUMMER

*Time Out* goes for a proper rummage in the big beach bag of fun that is summer in our city. First one to do them all wins our undying love.

### 1 Take a boat around Pigeon Rocks Around Town

Cheesy, perhaps, but how many of you have actually done it? Be a tourist in your own city and pick up a motorboat from the shore below Raouche, and speed around and through the famous archways.

### 2 Segue into the future Explorer

Test out your balance and glide around Byblos aboard one of the nifty two wheeled motors that is the Segway. Offering a variety of tours, this new company will allow you to see Byblos in a whole new light. Bewarned, people might stare. *Byblos Segway Tours* (03 436160, 01218909/12) Next to BLC bank, Byblos main entrance, Byblos. 20mins-1hour, \$20-\$50 per person. [www.byblossgway.com](http://www.byblossgway.com).

### 3 Purchase a piece of art future Art

The Beirut Sale at Ayyam gallery is a glittering selection of the best known and

loved artists from the region – superstar names like Chant Avedissian, Nadim Karam, Samia Halaby and Paul Guiragossian abound in the catalogue, which is enough to make any collector drool. Painting, sculpture, photography and limited edition prints will all be up for grabs, including works by young Levantine artists who are spoken of as the stars of tomorrow – so get a piece of them while you can. *Ayyam Gallery* (01 374450/1, 70 535301) Ground Floor, Beirut Tower, Zeitoune Str, across from Beirut Marina, Solidere. Fri 15, 10am-8pm.

### 4 Have a dinner party, without lifting a finger Eat Out

Enlist the services of your very own 'Chef at home', who will prepare meals for all occasions. He also doubles up as a home visiting dietician, menu planner, cooking course instructor, grocery shopper and more. Indispensable? He will be soon, by the sounds of it. *Chef at Home* (03 318316) [chefathome.me@gmail.com](mailto:chefathome.me@gmail.com).

### 5 Go sightseeing – In a plane! Explorer

You haven't seen it all until you've seen it from 9,000 feet up. Escape the city air, the rat race and your own fear of heights and take a zoom from Beirut to the Bekaa and see how those mountains and valleys look to birds, planes and aliens from one of Beirut Wings' aircraft. And if you really take to the experience, they also offer flying lessons. *Beirut Wings* (01 629962, 03 030364) Rafic Hariri International Airport. \$175-\$400. [www.beirutwings.com](http://www.beirutwings.com).

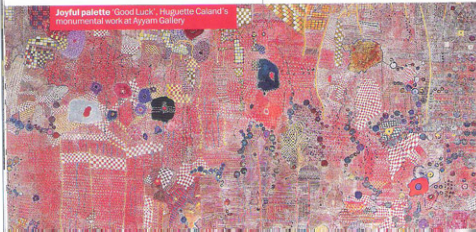
### 6 Hear Placido Domingo hit the high notes Music

Sophisticated aural pleasure from the world-famous master of opera, who is gracing Zouk Mikael festival with his presence. Expect perfect renderings of his classic roles – and the great news is, in the intimate venue, the organisers have kept ticket prices as low as LL37,500. *Zouk Mikael Festival* ([www.zoukmikaelfestival.org](http://www.zoukmikaelfestival.org)) Roman Amphitheatre, Kesroun. Tickets (01 999666) LL37,500-LL300,000.

### 7 Get sweaty under the stars Nightlife

It's not summer without a beach party or five, and the closing night of the Batroun festival is sure to pass into legend. The town's many established clubs set up on the street and the beach for a once-a-year sweaty, sandy, starlit night of furious dancing. This year's edition will also feature a live performance by Arabic pop star Ramy Ayach. *Batroun Festival* (06 646262), Batroun. Tickets LL35,000. Fri 29, 9pm.

**Joyful palette** 'Good Luck', Huguette Caland's monumental work at Ayyam Gallery



## 32 Sweat your way to a body beautiful

### Chill Out

Turn off the AC and crank up the heat with a Bikram Yoga class. Widely regarded as the most intense type of yoga, you work up a sweat with 26 postures and two breathing exercises in a room heated to no less than 35 degrees. Work out those toxins and stretch those muscles with the lovely Dalal Harb, the first instructor in Lebanon. *Exhale Gym* (71 214795, 01 364638), Bliss Sir, Hamra, \$20 for drop in, \$170 for 10 classes.

## 33 Treat your man

### Check Out

Even the most reserved blokes on the planet (of which few specimens are to be found in these parts, we suspect) needs to be pampered once in a while. How about reversing roles and picking out some exclusive jewellery to express your admiration of his masculinity? The new collection from Nada G is 'for him' - meticulous, handcrafted and thoroughly Beirut. *Nada G* (01 983443) Jewellery Souk, Beirut Souks, Downtown. Daily 10am-10pm. Other branches available.

## 35 Fall for Gershwin all over again

### Music

The master of come-hither melodies gets a different treatment at Baalbek this summer, when his tunes are rendered on four grand pianos and arranged an improvised with influences from a broad musical canon. See if the modern Gershwin gets your feet tapping, too. *Baalbek Festival* (01 373150) The Courtyard of the Two Temples. Tickets LL30,000-LL180,000. Fri 15, 8pm.

## 36 Partake of some puppetry

### Stage

Discover beauty of puppetry by taking in one of the many shows put on by the Lebanese Puppet Theatre this summer as part of their Caravan Festival. Written by members of the Theatre and independent authors, these beautiful sets and handmade puppets are a lovely way to enjoy some Lebanese storytelling. *The Sunflower Theatre* (71 997959). Tayounch roundabout. Tickets (01 381290) TBC. Thur 7-Aug 4, 5.30pm.

## 37 Help out at a vendange

### Explorer

That's 'harvest' in French, and a very special one too - the annual picking of the grapes at vineyards all over Lebanon. Around the beginning of September (or a little earlier, depending on the weather), willing pickers can enjoy getting back to the basics of their bottles, stripping the vines in the sunshine and turning the produce over to the winemakers. Friendship and fantastic parties are sure to follow - call any vineyard in advance to see what their plans are.

## 38 Go bananas for online Arab cinema

### Film

They're calling it a revolutionary social experience, but it's up to you to make it happen. Watch, share and comment on professionally curated Arab films and TV shows online, all for free, with new website Cinemoz, calling itself 'the Arab World's first premium online video platform'. We'll see you there. [www.cinemoz.com](http://www.cinemoz.com)

## 34

Afternoon tea and Italo disco  
Natalie Shooter,  
Staff Writer

'Afternoon tea is a British institution, best enjoyed on a Wimbledon-green lawn with a soundtrack to match. Sleazy 80s synth delight, afternoon sorted.'

